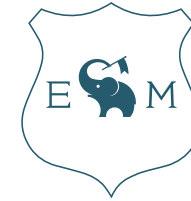


IF YOU HAVE AN ALLERGY OR INTOLERANCE, PLEASE SPEAK TO A MEMBER
OF STAFF BEFORE YOU ORDER FOOD AND DRINKS.



THE ELEPHANT AT THE MARKET

Spend your morning with us, here at The Elephant at the Market and enjoy the most important meal of the day with the morning papers and a pick-me-up from the bar. If you've stayed the night with us then our continental breakfast has been included in the price of your room. But if you'd prefer to start your day with one of our breakfast menu dishes then you'll receive 20% off the price listed.

ALL FOOD IS PREPARED IN KITCHENS WHERE NUTS, GLUTEN AND OTHER ALLERGENS COULD BE PRESENT AND OUR MENU DESCRIPTIONS CANNOT INCLUDE ALL INGREDIENTS. IF YOU HAVE A FOOD ALLERGY PLEASE LET US KNOW BEFORE ORDERING. FULL ALLERGEN INFORMATION IS AVAILABLE. IF YOU SEE A (V) NEXT TO ANY OF OUR DISHES THEN IT'S SUITABLE FOR VEGETARIANS. OUR FOOD IS GM-FREE. WHERE WE STATE A WEIGHT, IT'S A RAW WEIGHT AND 1OZ EQUALS APPROXIMATELY 28 GRAMS. SOME OF OUR FISH AND POULTRY DISHES MAY CONTAIN BONES.

BREAKFAST

BREAKFAST

Porridge; salty or sweet (v).....	£3.00
Fresh fruit salad (v).....	£3.50
Greek yoghurt, honey, granola (v).....	£4.00
Scrambled, poached or fried free range eggs on toast (v)	£5.00
Pancakes, bacon, maple syrup.....	£5.50
Pancakes, berries, maple syrup (v).....	£5.50
French toast, bacon, caramelised banana.....	£7.00
Eggs benedict; ham, smoked salmon or flat mushroom.....	£7.95
Arnold Bennett omelette.....	£8.00
Full English; Old Spot sausages, smoked streaky bacon, eggs any style, potato cake, grilled mushroom, grilled tomato, black pudding, beans, thick cut toast.....	£8.95
Veggie full English; eggs any style, sautéed potatoes, spinach, grilled mushroom, grilled tomato, beans, thick cut toast (v).....	£8.95



SOFT DRINKS

CLOUDY LEMONADE £2.40
EAGER FRUIT JUICES Smooth Orange / Cloudy Apple / Pineapple / Pink Grapefruit / Tomato / Cranberry £2.40
FENTIMANS Victorian Lemonade / Ginger Beer / Dandelion & Burdock £2.40
FEVER-TREE GINGER BEER £2.10
BOTTLE GREEN ELDERFLOWER PRESSÉ £2.05
BOTTLED PEPSI / DIET PEPSI £2.05
ACQUA PANNA STILL WATER Small £2.05 / Large £3.55
SAN PELLEGRINO SPARKLING WATER Small £2.05 / Large £3.55

NON-ALCOHOLIC COCKTAILS

APPLE MINT Apple juice, sugar syrup, mint, lime juice £3.50
NOT SO COSMO Cranberry juice, orange juice, sugar syrup, lime juice £3.50
BLOODY SHAME Tomato juice, lemon juice, Worcestershire sauce, Tabasco, celery, salt, pepper £3.50

HOT DRINKS

CAFFÉ LATTE.....	£2.40
ESPRESSO.....	£2.30
DOUBLE ESPRESSO.....	£2.80
MOCHA.....	£2.40
AMERICANO.....	£2.30
CAPPUCCINO.....	£2.40
HOT CHOCOLATE.....	£2.60
BREW TEA CO.....	£2.20